



Arden Library

26th March 2020

LIBRARY INFORMATION

Librarian:

Miss O'Brien

Twitter:

@ArdenLibrary

Google Classroom:

syrgcti

Activity of the Day

Shadow Art



Lay some paper in front of a window and draw around the shadows to create a comic book!

Submit pictures of your artwork to the Google Classroom for a House Point!

Library Update

This week I've been thinking about how reading impacts our mental health. Some people I know have been reading every book they can on pandemics, others are only reading 'feel-good' books. Whatever you choose to read at this time, there is no doubt that reading impacts the way we think and feel. Here are some facts:

- During extensive research undertaken by the National Literacy Trust In 2018, they found that "reading attitudes" were the strongest predictors of mental wellbeing. So, the more positive children and young people feel about reading and writing, and the more they enjoy reading and writing, the higher their scores on our mental wellbeing index.
- A 2014 study found that kids who read "Harry Potter" are more likely to reduce prejudices toward minority groups and display greater levels of empathy. The theory is this is likely due to the fact that Harry often aligns himself with "stigmatized" groups in the book, from house elves to wizards with non-magical parents who are derogatorily called "Mudbloods."



There are two fantastic booklists from Reading Well, one for titled for Children is aimed at KS3 and one for Young People is aimed at KS4 & 5:

<https://reading-well.org.uk/books/books-on-prescription/children>

<https://reading-well.org.uk/books/books-on-prescription/young-people-mental-health>

Book Recommendations

Teen (Y7 & 8) - Wonder

Please join me on Twitter for a live reading of

Wonder

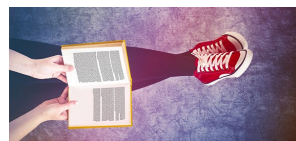
every weekday at 12-12.45 p.m. (EST)

#WONDERreadaloud

Young Adult (Y9+) - Usborne Offer



Usborne's YA e-books are currently only 99p! Bargain!



Do you have a book recommendation?

Submit your book rec via Google Classroom and you could see it published in the next Arden Library mini-zine! Aim to keep the review under 50 words, please.

R J Palacio, author of Wonder, is reading her book at 4pm every day. You can watch it live via her Twitter account (you do NOT need a Twitter account to watch the video):

www.twitter.com/RJPalacio



"Reading gives us someplace to go when we have to stay where we are" - Mason Cooley