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## Christmas Jumpers

This year we held a festive fundraiser by asking the students to donate £2 to wear a Christmas Jumper. The students voted to donate the money raised to Solihull Mind. At the time of writing the final total was still being determined but we would like to thank everyone for their generous donations.



# ad altiora news

ISSUE 35

AUTUMN TERM 2020

## Resilience in the face of Challenges

This term has provided us all with more challenge and change than we have ever faced in a school setting before. The way that everyone has responded to these challenges has been exceptional. Our staff, students and you as parents have all coped with large scale change, a mixture of in school and remote learning, new ways of delivering and taking part in parents' consultations, new systems and new procedures. Our return to school this term has been demanding but ultimately very rewarding. We could not be happier with how our students have responded. Our sense of purpose, underpinned by our culture of Family, has ensured that we have united in our common goal of delivering and actively taking part in high quality learning in a safe and orderly school. We all hope for more positive change in the months ahead. This term, as with the experiences of last term, has proven that Arden and all of its family members will make the very most of all that 2021 has in store for us.

We wish you all a very merry and safe Christmas and hope that you all enjoy a peaceful time together over the festive season.

Mr Warwood, Associate Headteacher

## Care Home Letters

Pupils across the school have been taking part in the **Classrooms to Care Homes** campaign in which they have been writing letters to residents of local care homes. Due to ongoing restrictions,

Christmas for residents will be even harder this year and so the idea is to spread a little festive merriment and perhaps make local connections which will last long term.

We have been working with around ten local care homes and the letters are set to be delivered this week. We hope that these will bring a little more joy to both residents and staff at the end of a difficult year.

Classrooms to  
Care Homes



## Christmas Card Competition

Our annual Christmas Card competition saw some fabulous entries this year. Congratulations go to Y9 student Zaynub Noor who designed the winning entry. Zaynub received a certificate and Touchwood voucher which were presented by Mr Warwood and Mrs Astle (Head of Art). You can see more of the entries by following this [link](#) to our website.



Arden is part of Arden Multi Academy Trust: Chief Executive Officer, Mr M Murphy and Executive Headteacher, Mr D Burgess

**Arden values:** Determination : Excellence : Courage : Inspiration : Friendship : Equality : Respect

## Year 7 English

During this term, Y7 students have been studying Mythical Beasts and Monsters in their English lessons. Students have analysed all kinds of creatures and beings in English Literature texts from Frankenstein's Monster, Grendel from Beowulf and The Dementors from Harry Potter.

Miss Ladkin's Y7 classes were asked to create a replica of one of the monsters studied and could choose any material they liked to create their monster. Students got creative at home and used cake, cookies, play-doh, paper, clay and even Minecraft to create their replica!

Here are some examples of the fabulous work which was produced.



**Frankenstein's Monster by Scarlett Georghiou**



**'Dementor' by Noah Hembest**

**'The Other Mother' from Coraline by Georgina Gow**



## RE Christmas Board Competition

The RE Department ran a Christmas competition where forms were required to decorate their form boards, the brief being that they reflect on the spirit of Christmas and use recyclable materials. The entries reflect the creativity and ingenuity of Arden students. Thank you to all forms that participated.

In joint 1st place were 8S and 10S winning whole form achievement points, house points and a tub of chocolates. In 2nd place were 7D who have won House points and a tub of chocolates. In 3rd place were 7E who have won House points. Congratulations to all winners.

The RE Department



### **The winning boards:**

Top Left - 7E

Top Right - 7D

Bottom Left - 10S

Bottom Right - 8S



# Duke of Edinburgh's Award

The Duke of Edinburgh's Award is as popular as ever and last year Arden students contributed over 2000 hours of volunteering to our local community. The last school year ended prematurely early and we were unable to hold our usual Awards Evening. We want to share with you and congratulate the following students who completed their Awards in the last school year. Some of these students have already completed their Silver Award and we'll recognise their achievement later in the school year.

## Bronze Award

The following Year 11 students have all completed their Bronze award. Those students marked with an \* are also now working towards their Silver award.

Deeksha	Anand	
Ben	Armstrong	*
Jai	Bains	
Louis	Ball	
Rachel	Batchelor	*
Lorna	Brooks Scott	
Nathan	Carter	
Izzy	Connolly	*
Joshua	Daniels	*
Cerys	Davies	
Summer	Davies	
Rosie	Davila	*
Sophie	Dowding	
Lily	Ellis	
Amy	Garside	*
Diya-Shyri	Gill	
Emily	Griffin	*

Sam	Hawkins	
Lauren	Hu	*
Jessie	Humby	*
Annaum	Jabbar	
Maisie	King	
Poppy	Koumbilis	
William	Lockett	*
Sophie	Miller	*
Matilda	Murphy	*
Elsbeth	Parkin	*
Phoebe	Peake	
Imogen	Penny	*
Emily	Perkins	
Oliver	Phillips	
Erin	Power	*
Matthew	Price	*
Khadijah	Rehman	

Carys	Rowland	
Lavinia	Shepherd-Ellis	*
Tali	Siniver	*
Katie	Smith	*
James	Stanley	*
Oliver	Swann	*
Emily	Tomkins	*
Aimee	Tsang	*
Niel	Vernon-Wynter	
Rachel	Walker	*
Ella	Webster	
Dan	Wheeler	*
Jessica	Whitehill	
Charlotte	Whitehill	*
Layla	Whitney	*
Uzair	Yusuf	

## Silver Award

The Silver Award demands more commitment than the Bronze in terms of time and individual responsibility, all on top of their school work, which is why it is viewed as a mark of a well-rounded individual by future employers. The following students have completed their Silver award. Those students marked with an \* are also now working towards their Gold award.

12	Martha	Corcoran	
12	Alexander	Crowe	
12	Edward	Cyprus	*
12	Thomas	Davies	*
12	Tessa	Franks	*
12	Toby	Franks	*
12	Daniel	Green	*
12	Matthew	Harper	*
12	Isobel	Harris	*
12	Samuel	Hocombe	
12	Jamie	Hyde	*
12	Anna	Lawrence	
12	Holly	Marcroft	*
12	Heather	Olsen	*
12	Francesca	Rollason	*
12	Megan	Soane	
12	Eleanor	Spain	*

12	Charlotte	Stiles	*
12	Alexander	Sutherland	*
12	Rhys	Tippings	*
13	Corey	Allen	*
13	Thomas	Batchelor	*
13	Cameron	Bradshaw	*
13	Rosalie	Carter	*
13	Rachel	Evans	*
13	Ben	Garside	*
13	Katie	Halliday	*
13	Catherine	Harris	*
13	Hadley	Power	*
13	Priya	Sihota	*
13	Eleanor	Simmons	*
13	Harvey	Sutton	*
13	Josie	Wheelhouse	*
13	Olivia	Best	
13	Scarlett	Hubbard	

<b>Completed Year 13 2020</b>	
Roshan	Vara
<b>Completed Year 11 2019</b>	
Emily	Harris
Callum	McCourt
Joseph	Munns
<b>Completed Year 11 2020</b>	
Jacob	Bate
Charlotte	Halton
Joseph	Harrison
Katy	Lamerton
Matthew	Moore
Daniel	Turner



# Duke of Edinburgh's Award

## Gold Award

The Gold Award is the most challenging and rewarding of the three Awards. The skills, perseverance and teamwork experience gained, will stay with the students throughout their lives. It will mark them out on future job applications and be a source of discussion in interviews. The Gold Award is a HUGE commitment - giving time on a weekly basis to: volunteering for at least 12 months; following a physical programme; learning a new skill; meeting new people on a week's residential and completing both a practice and an assessed expedition over 4 days in Wild Country to achieve this award.

Completed A Levels 2018	Ethan	Price
Completed A Levels 2019	Thomas	Green
Completed A Levels 2020	Zoe	Bull

Zoe was the only student in her year group to complete her Gold Award so receives our special praise. Ethan and Tom were also able to complete their Gold Award last year having started it whilst studying at Arden. Students have until they

are 25 to complete their Award.

The Gold Award is formally presented by the Duke of Wessex at St James' Palace or Buckingham Palace and we are very proud of what the students have achieved.

## Library News

Arden Library has certainly faced some challenges since September and we are working exceptionally hard to prepare an online service for students to browse and reserve books. This system will continue in years to come as we move into the digital era – so this is one benefit from the challenges of Covid!

Alongside the upcoming digital library service, the Arden Library/Creative Writing Google Classrooms are still going strong. We had some excellent pieces of writing produced during our circuit break, and some fabulous entries for an external competition with the National Literacy Trust, including a wonderful piece of writing on the theme of Heroes and Heroines.

I am pleased to announce the overall winners for the Excellence in Reading prize 2019-20. The winners won a certificate each, with the overall winners receiving signed books by Robin Stevens, Malorie Blackman and Frances Hardinge.

### **Last year's Year 7 prizes**

Most Books Read: Sami Chaudri and Jenna Makepeace

Most Points: Josh Dunne and Lucy Brookes

**Overall winners:** Iris Phillips and Claudia Cribb

### **Last year's Year 8 prizes**

Most Books Read: Zaynub Noor and Laura Hampson

Most Points: Lily Lockett and Bonnie Davidson

**Overall winner:** Lydia Tindale

Well done to the winners. Keep reading!

## Creative Writing Competition

The following superb piece of writing has been submitted by Isobel Hulme (7R) as an entry to the National Literacy Trust 'Heroes' writing competition. Winners will be announced on the 18th December!

### Heroes

Heroes mean a lot to me. They are people who save lives, people in books or films that save citizens or people who have worked hard and achieved something that has changed their life. In this piece of writing, I'll be saying what each type of hero is like and what they mean to me.

### Key workers

As we all know, nurses, doctors and key workers are working so hard to help people especially during COVID-19. My dad is an anaesthetist, which means he is a type of doctor who works on the ambulance and helicopter. He is really inspirational to me, which is why I want to follow his path and become a Paramedic when I'm older. All key workers have been working day and night to help people with Coronavirus; many people have died but many people have survived all thanks to these doctors and nurses. These definitely count as heroes because they have saved people's lives.

### Fictional superheroes

We have all heard of Superman and Spiderman and other superheroes. These characters are from books, which are about heroes saving the world from evil villains. Fictional heroes can make a difference because they can show us what we can be like. Maybe one day there will be a real superhero – just without all the flying!

### Real Heroes

There are real heroes all around us. For instance, Antoni van Leeuwenhoek discovered bacteria and how germs are formed. With his discovery, we now know about what we can do to prevent getting ill and having a cough. Before, they would chuck poo out of their windows and not wash their clothes for at least a couple of days!! Another real hero is Malala Yousafzai from Mingora, Pakistan who uses courage and bravery to fight for girls to have a right to education.

All heroes are very important.

# Remembrance in MFL

Students reflected on the theme of Remembrance in their language lessons this term. Here are some examples of the beautiful work which was produced.

Mon cher,

Je suis désolé pour avoir pris si longtemps écrire. C'est très difficile ici. Dans le jour, c'est froid et mouillé, le bruit de la guas est ici toujours. Dans la nuit c'est très froid et mon lit est un mouillé sac de sable. Nous sommes tous fatigués. Certains de mes amis sont morts. Ils ont été frappés par fusillade quand nous étions en garde dans la nuit. Cinq hommes sont morts et trois hommes ont été blessés. Comment allez-vous et les enfants? Je pense à vous tous les temps. Tu me manques tellement. Je vous verrai bientôt. Toute mon amour!

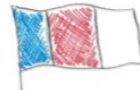
*Olivia Cannell*

**Kitan Odusote**



Il voit de fusils dans les tranchées et son frères mort sur les terrains.  
 Elle voit les enfants tristes, parce que leur papa sont partis et leur mere ont peur tout le temps.  
 Il ne voit pas son papa depuis trois ans.  
 Elle n'a pas vu sa soeur en neuf mois.  
 Est elle morte? Je ne sais pas.  
 Je ne sais pas pour guerre. Je ne suis pas pour fusils, mon père rentra toujours a la maison et je vois mes frères tout le jours.  
 Nous devons ne oublier jamais l'armistice ou les coquelicots ou les dix-neuf millions personnes qui sont morts.  
 On doit se souvenir.

**Erica Murphy-Hogg**



La fleur rouge qui ressemble à la guerre traumatique.

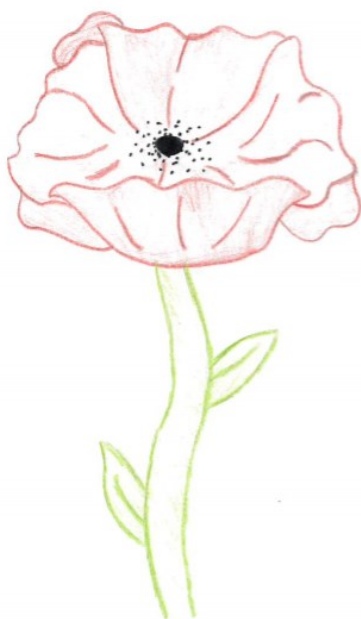
L'Angleterre et France étaient dans alliances.

Perdre la guerre n'était pas une option.

Agresif, fatigue et nausée, les soldats continué.

Ils ne seront jamais oublié.

Paix a été rétablie.



Les coquelicot est un symbole du jour du souvenir parce que le pavot a poussé sur les champs de bataille une fois la guerre terminée.

*Lara Duffy*

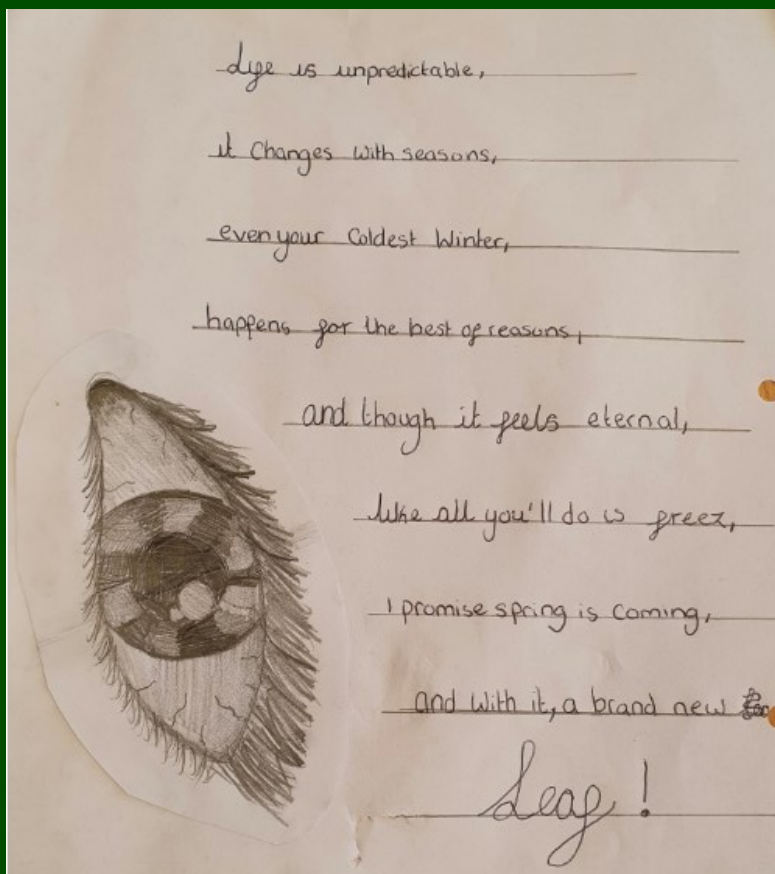
Salut mon amour,

Comment vas-tu? Ca fait deux ans depuis notre dernière vue. Tu me manques. La guerre est terrible, le fait que nous pensions que ça serait fini dans deux mois c'était stupide. Quatre ans apparamant, ça devrait être quatre ans. Tu vas bien? Apparamant les tranchées sont viles, froides et boueuses ça a l'air horrible et très effrayant. Sauf l'horreur de la guerre. J'espère que tu penses à moi, tu es toujours dans mes prières. Mon amour, je suis impatiente de te revoir. Je t'aime beaucoup.

*Finbar Seery*

# House System Updates

The Arden House system is led by Miss O'Brien and Miss Kelly and its main purpose is to produce happy, confident and competitive students who take pride in their Houses and feel they are a part of Arden Academy. This term the House system launched with a collaborative Time Capsule project. Students have contributed their reflections of 2020 and this will be compiled into a film which will be shared in 2021, then put into its own 'lockdown' to be viewed again in five years' time. We are looking forward to sharing the finished work in the new year but in the meantime wanted to show you these two super contributions as a little taster of what is to come.



Additionally, the House System held a charity Christmas Jumper Day on Thursday 17th Dec. Students voted on the local charity they wished to donate the funds to and Mind Solihull was elected as their charity of choice.

On Christmas Jumper Day, students were also offered a chance to be competitive through a House Quiz! The quiz was held during extended form time and at time of writing the results were still being determined but good luck to all the houses!

Other House competitions this year have been:

- A fitness challenge from the PE Dept. with Attenborough announced as the overall winners.
- A Christmas display board competition led by the RE Dept. with Curie chosen as the best display board.

You can read more about these competitions elsewhere in the newsletter.

Congratulations to all the winners so far.

For more information about the House System click [here](#).

**Poem (left) by Abi Archer (Y8)**

**Picture (right) by Lola Barker (Y7)**



# Virtual French Pen-Pals

With COVID restrictions meaning that school trips are on hold, Mrs Walsh has set up a virtual exchange for her Sixth Form group with students from St Chély D'Apcher Sixth-form College in the Massif Central in France. The group have exchanged letters and met 'virtually' on two occasions so far. Each student has been paired with a French person according to their personality, hobbies and likes.

The experience has been very worthwhile so far and the students had this to say:

Katie: "They (the meetings) have really helped giving insight

into everyday French life".

Marion: "It helps modernise my French and improve understanding of French education".

Ellen: "It has helped my understanding of the French education system and how it is different".

Anda Preston: "I have learnt more vocab and I understand what sort of language they use with one another day-to-day."

All: "We made new friends!"



## Writing Competition

Back in the Summer term, with news of the cancellation of GCSE and A-Level exams, Arden created an enrichment Google Classroom to help keep the Y11 students occupied and interested in their subjects.

One Y11 student, Alice Glithero, entered the Historical Association's "Write your own historical fiction story" competition that was added to the history section. Alice (now in Y12) based her story on what she had been learning in the Russia unit of her GCSE. In September, Alice received an email to tell her that her story 'It Was a Dark Day' had been selected as one of the winners.

HA representative Mel Jones wrote, 'This year we had over 1000 entries and our judges (authors Tony Bradman and Pippa Goodhart) had a tough job. Here is what the judges had to say about the story:

*We felt this well researched story wound its drama from cosy fireside to shocking drama when Stalin's forces come to kill quite brilliantly.*

Congratulations on a fantastically written story'.

Very well done to Alice. You can read her story on the Historical Association's website by following this [link](#). Students can also find details of the competition for next year on the website. It would be fabulous for another Arden student to follow Alice's success.

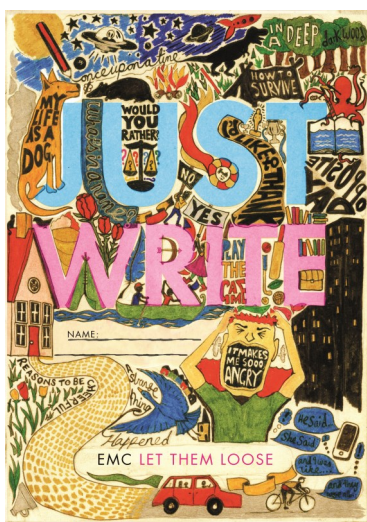
## PTFA Support For English

The English Department are really excited about the brand new writing books we are using with Year 7. The PTFA have very kindly funded the purchase of these books in recognition of the disrupted year these pupils have had, as well as acknowledging how well Year 7 have settled into Arden.

The books, created by the English and Media Centre, are packed with exciting activities to develop our pupils' writing skills as well as fostering a love of writing as a creative and mindful process. The tasks include turning a favourite story into a graphic novel, writing a lipogram (you might need to look this up!) and re-writing the lyrics to a favourite song.

The PTFA have also agreed to award prizes for the pupils with the best pieces of work and for those who make the most progress.

We can't wait to see how Year 7 – the very first year group to have these fabulous books – will use



## Mathematical Olympiad

Congratulations to Y13 student Harvey Sutton who has qualified for the first round of the British Mathematical Olympiad, aka 'BMO1'.

Every year Arden enters nearly 300 students from Years 7 to 13 into age-group competitions by the UK Mathematics Trust. The highest achievers up and down the country are invited to take part in Olympiads, which are qualifying rounds to represent the UK in international mathematics competitions.

Harvey's score in the Senior Mathematical Challenge (age group 16-18) was one of the top scores in the country and as such he qualified for BMO1 – a 2.5 hour challenge of in-depth mathematical puzzles.

"We are awaiting with interest to find out if Harvey has qualified for BMO2, but either way we're all very proud of his achievement," said Mr Richards, who is the UKMT co-ordinator at Arden.



them. Some classes have already received their books with the rest to follow shortly in the new year.

These books will stay in school for the time being, but pupils will take them home at the end of the year. We will keep you updated with how the students progress working on some of the tasks later in the year.

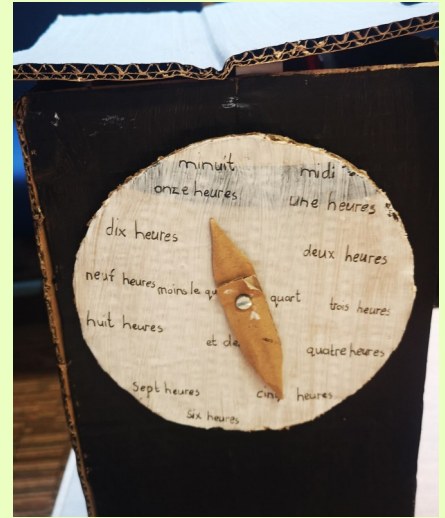
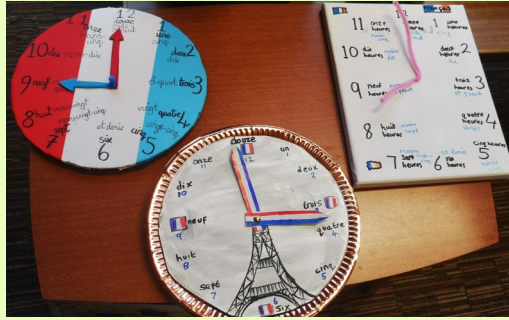
I would like to thank the PTFA for their generous purchase on behalf of the English department and all of the Year 7 students.

Mrs Hale

## Year 7 French

The Languages department have been really impressed with the work that Year 7 students have produced in their first term of studying French.

One of their tasks was to create a clock to practise their knowledge of telling the time in French. They used their own clocks to demonstrate their listening comprehension skills in class. Here is just a selection of what they created.



## Virtual Events

This term has seen great challenges as we have all had to adapt to a new way of working whilst still maintaining the integrity of all that we do at Arden. One of the strangest things has been not being able to welcome parents and other visitors into school. Because of this we have had to move many of our traditional events online. Back in September we hosted our Year 6 Open Evening through a series of videos, the highlight of which was our amazing student created piece which really showcased what they feel is so special about their school. If you didn't see the videos you can access them [here](#). More recently we have held a virtual Sixth Form Open Evening which has helped prospective students to see what Sixth Form life is all about. These videos can be found [here](#). All of these videos have involved a huge number of people and we are very grateful to all of the staff and students who spent time putting them together.

We were also unable to hold our annual awards celebrations at the end of last year and so this week we held a fabulous series of virtual celebration assemblies in which we awarded colours and prizes for last academic year, as well as commendations to recognise the hard work of our new students in Years 7 and 12. Whilst these assemblies are not quite how we would have liked to do things we have loved taking the opportunity to celebrate the success of our fabulous students.

**ArdenValues**  
aiming higher

## Christmas Literary Viewing

Each year Helen Smith, librarian at Eckington School in Sheffield, creates a Christmas TV & Streaming watchlist which highlights all of the films and TV series being shown over the festive period which are created from film adaptations. It is a fabulous resource and this year our very own librarian, Miss O'Brien has contributed to the watchlist.

As Helen says, "It's been a tough, unpredictable year... but seeing our favourite books on the screen can transport us to a different place in time and space, even if just for a moment or two."

There is a huge array of suggestions on the list; surely something to suit all tastes!

The document is available to download [here](#). We would encourage you to take a look and look forward to discussing some of the programmes and films with our students when they return in January.





## Staff News

It has been a bit of a bumper baby term with four of our teachers welcoming new additions to their families since September. Congratulations go to Mr McGovern, Mr Sahota and Mr Gunn on the birth of their sons and Mr Ball of the birth of his daughter.

This week we have also said goodbye to three members of our staff. Mr Llewelyn (Learning Support Assistant) is relocating and Miss Pilat (Teacher of Science) is leaving for another job closer to home. Finally, Mr Butler (Teacher of Science) has secured an exciting promotion at another local school. We would like to thank them all for their contributions to Arden over the years and wish them all the very best in their new ventures.

## New Arden Academy

You will, I am sure, have seen the communications earlier this month regarding the most recent proposals for the new Arden Academy. We are very excited by the progress that is being made. Arden fully supports the vision of the Solihull development plan to make the KN2 Arden triangle - a new centre for learning at the heart of the local community: an inspiring resource for Knowle, Dorridge and Bentley Heath with superb new facilities that will enable the incredible attainment potential of the area's young people to be further realised, whilst also fulfilling the developing housing, leisure and learning needs of our community.

The consultation has now closed and we are very grateful for your support in relation to the proposals. If you would like to know more about the project you can find a range of additional information via the school website or by clicking on the image below.



## PTFA News

Arden PTFA has continued its work this year, trying to find new ways to raise funds. At the time of writing, we are very excited about our online Loki Wine Tasting event on 19<sup>th</sup> December and we look forward to similar collaborations next year. Despite not being able to raise money with the Family Fireworks Festival and Christmas Ball, we have been able to do our bit and fund school projects, including Mrs Hale's English bid for books for all Year 7 pupils. Thank you to those who have kindly donated to the MINIBUS and SHELTERS FUND – both of which are still open for donations via [www.parentpay.com](http://www.parentpay.com). Currently, we have raised £5375 towards the £7000 required to fund the minibuses this year, and £3865 towards the £8000 required to fund 4 extra shelters for our children at school. The PTFA are always looking for new ideas, people, collaborations and help. All our information is on the website: [here](#)

Merry Christmas everyone and here's to a very happy and different 2021!

## Support from Awesome Alumni

The Sixth Form has been able to continue operating some of their co-curricular activities over this difficult time and have been supported, as always, by a range of incredibly helpful ex-students who have freely given up their time (amidst their own online lectures) to help current Year 12 and Year 13.

We are indebted to their generosity. There's nothing to beat the authentic voice and advice of someone who has gone through challenging application processes and courses.

Mrs Hodgkinson and the Sixth Form Team would like to send a huge thank you to:

- Peter Fitzroy who spoke to Year 12 aspiring Medics at the start of term.
- Ruairi Keavy who has made a video for our Medics talking about the whole process from application to qualification and working as a doctor.
- Meg Burn who has conducted lengthy mock interviews for our aspiring Medics.
- The Multiple Mini Interviews for Medics and Dentists are always a challenge for our students: they are intentionally stressful! This year, we had to go online but still managed a session for 8 candidates including one ex-student. We were greatly helped by Mary Keast and her experience with outreach work with Cardiff University.
- James Molloy who has answered questions about the Armed Forces (and conducted mock interviews towards the end of last year)
- Thomas Hornigold who took a considerable amount of time out of his PhD work on Climate Change to talk to aspiring Oxbridge candidates and some Year 13 about, well, just about everything from science to history to economics, podcasting and anime!

Our current Sixth Form students have found the sessions incredibly useful. Here is a taster of what they have said:

'It was useful, as a Year 13 to talk about things after undergraduate level because we don't talk about that so much normally. It was interesting to learn about how a PhD student interacts with their university. The field of his PhD is amazing and the research is groundbreaking and could literally change the world.' (WR Y13)

'I saw how much knowledge Tom had about so many different topics and how he could easily and quickly change from one topic to another and know what he was talking about straight away.' (CH Y12)

It is only as a result of this sort of help that we are in a position to give such individual help to our students and we are grateful to have such a supportive Alumni we can rely on for support.

# Sports News

For all the latest news about all things sports related don't forget to follow the Arden PE Department on Twitter

 @ArdenPE

## The 'Rashford Run'

The PE department have been running 'The Rashford Run' in PE lessons over the past three weeks!

They asked students to bring in food donations for the Birmingham central foodbank and have been running in PE lessons. The aim was to raise awareness of Marcus Rashford's campaign whilst keeping the pupils as active as



possible. The PE team were blown away by the scale of the donations received as shown here with GCSE PE students. You can see more about the campaign by following this [link](#). Thank you to everyone who donated.

## Cricketing Success

Well done to Y9 pupil Jess Bray who has been experiencing great cricketing success this year. Jess has played 7 or 8 internal Warwickshire matches over the Summer and also managed one external game against Shropshire at the end of August (they won a convincing 250 for 6 against 53 all out, which was fantastic!!)

The photo below was taken from the Girls Edgbaston cricket festival, and is featured on the Commonwealth games 2022 website.

Well done to Jess, let's hope 2021 brings less restrictions and more opportunities to play.



## Co-curricular is Back!

The PE department has been incredibly frustrated at not being able to offer their usual array of co-curricular clubs this term. Despite the fact that competitions between schools are still not allowed to take place, we are delighted to announce that a range of clubs will be starting up again after Christmas. Please look out for more details on this in the new term.

## Lockdown Competition

As all grassroots and organised sport was cancelled during the recent second national lockdown, we challenged students to try and remain as active as possible whilst at home. All they had to do was complete some physical activity and then complete the google form to tell us what they had done. They could also upload evidence of this activity onto their PE google classroom and it was great to see so many pictures of the students working hard to keep up their fitness and physical activity.

We had a HUGE range of physical activities submitted, from dog walking to mindfulness, dance classes on zoom to ab workouts! The most popular form of exercise was football skills.

The top 100 participants have all received a certificate for their fabulous efforts.

Here is just a taster of what the top 15 most active students got up to:

Albie Cordle (7N) - plenty of walking and mindfulness!

Guy Mullins (7N) - lots of walking, running and football skills

Luke Mullins (9L) - plenty of running and football skills.

Ben Mullins (9C) - again lots of running and lots of football skills.

Harry Wood (8A) - lots of stretching and workouts.

Yusuf Ahmed (8H) - all sorts - lots of PE with Joe, walking and cycling.

Freya Hosking (7E) - lots of walking and online workouts.

Connie Stott (8N) - Connie has literally done every sport possible it seems!

Zaynub Noor (9R) - lots of Chloe Ting workouts!

Jessica Bray (9E) - loads of press ups!!!

Sophie Pajon (7H) - plenty of walking and some gymnastics.

Lola Barker (7E) - everything - ballet, yoga, netball!

Freyja Browne (11S) - lots of netball!

Mia Conduit (9N) - lots of running!

George Burns (7N) - lots of walking and cycling.

Well done to all of the students. All of the contributions won points for the students' houses and the overall winner was Attenborough house.